

Our Recreational Gymnastics Program delivers fun, skills-based activities focusing on improving physical balance & co-ordination. Children gain confidence in their body movement and learn to co-operate with others, setting them up for long term participation in sport!

Gym Fun classes are '...a bit of everything!'. Children develop their balance and agility by using the bars, beam, vault and mini-tramp. They're also introduced to basic rhythmic gymnastics movements that utilise the floor space and incorporate the use of hoops, balls, rope and ribbons!



### CLASSES 5+ YRS

All beginners joining Recreational Gymnastics start with GYM FUN (Beginner, Intermediate, Advanced) and then progress to GYM SKILLS (incorporating boys, girls, rhythmic, tumbling & mini-tramp classes).

#### GYM FUN

BEGINNER (5-6yrs)  
INTERMEDIATE (7-8yrs)  
ADVANCED (9-11yrs)

#### GYM SKILLS

GYM SKILLS (Girls)  
GYM SKILLS (Boys)  
RHYTHMIC SKILLS  
TUMBLING SKILLS

Children who have achieved a certain level in the Gym Fun Advanced classes, or have a particular interest in COMPETITIVE GYMNASTICS, may then be offered the opportunity to participate in our Hobart PCYC Competitive Program Pathway.

### ASK US ABOUT... HOW TO ENROL

All classes in the Recreational Program have **limited enrolment numbers** and require you to **book** prior to attending, this also applies to 'first trial' classes.

Please contact Reception to book an initial trial and pick up an enrolment form!

ph: (03) 6107 9206  
email: enquiries@hobartpcyc.org.au  
Hobart PCYC, 300 Liverpool St, Hobart TAS 7000

### FEES

#### CLASS FEES

1 HOUR \$15 / \$13 Conc.  
1.5 HOURS \$21.75 / \$18.75 Conc.

#### REGISTRATION & INSURANCE FEES\*

ANNUAL (per Calendar year) \$90\*

*\*When participating in any form of Gymnastics Program, you MUST become a registered member with GYMNASTICS AUSTRALIA. This annually required fee covers Membership and Insurance for the Calendar year and is **NON-REFUNDABLE.***

### BOOK CLASSES ONLINE USING OUR... CUSTOMER PORTAL!

Hobart PCYC has its own Customer Portal that you can access using our website!

By creating an account, you'll be able to;

- Find and enrol in classes
- Check class availabilities in real time
- Search for class recommendations based on the child's age
- Pay and manage your account

...head to [www.hobartpcyc.org.au](http://www.hobartpcyc.org.au) to find out more!



# RECREATIONAL GYMNASTICS PROGRAM

GYM FUN  
BEGINNER 5-6yrs  
INTERMEDIATE 7-8yrs  
ADVANCED 9-11yrs



GYM SKILLS (GIRLS)  
GYM SKILLS (BOYS)  
RHYTHMIC SKILLS  
TUMBLING SKILLS





TUESDAY 28th JAN - SATURDAY 13th DEC

# RECREATIONAL GYMNASTICS TIMETABLE 2025

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|--|--|---|--|--|--|
| GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>3:30PM-4:30PM     | GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>3:30PM-4:30PM     | GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>3:30PM-4:30PM      | GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>3:30PM-4:30PM     | GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>3:30PM-4:30PM     | GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>10:30AM-11:30AM     |
| GYM FUN (INTERMEDIATE)<br>Boys & Girls 7-8yrs<br>3:30PM-4:30PM | GYM FUN (INTERMEDIATE)<br>Boys & Girls 7-8yrs<br>3:30PM-4:30PM | GYM FUN (INTERMEDIATE)<br>Boys & Girls 7-8yrs<br>3:30PM-4:30PM  | GYM FUN (INTERMEDIATE)<br>Boys & Girls 7-8yrs<br>3:30PM-4:30PM | GYM FUN (INTERMEDIATE)<br>Boys & Girls 7-8yrs<br>3:30PM-4:30PM | GYM FUN (INTERMEDIATE)<br>Boys & Girls 7-8yrs<br>10:30AM-11:30AM |
| GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>3:30PM-4:30PM    | GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>3:30PM-4:30PM    | GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>3:30PM-4:30PM     | GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>3:30PM-4:30PM    | GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>3:30PM-4:30PM    | GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>10:30AM-11:30AM    |
| GYM FUN (BEG/INT)<br>Boys & Girls 5-6yrs<br>4:30PM-5:30PM      | RHYTHMIC SKILLS<br>Boys & Girls 5yrs+<br>3:30PM-4:30PM         | TUMBLING SKILLS Lvl 1-4<br>Boys & Girls 7-9yrs<br>4:30PM-5:30PM | GYM SKILLS<br>Boys & Girls<br>3:30PM-5:00PM                    | GYM FUN (BEGINNER)<br>Boys & Girls 5-6yrs<br>4:30PM-5:30PM     | GYM SKILLS<br>Boys & Girls<br>1:30PM-3:00PM                      |
| GYM FUN (ADVANCED)<br>Boys & Girls 9-11yrs<br>4:30PM-5:30PM    | GYM SKILLS<br>Girls<br>5:30PM-7:00PM                           | TUMBLING SKILLS Lvl 5+<br>Boys & Girls 10yrs+<br>5:30PM-6:30PM  |  | GYM FUN (INT/ADV)<br>Boys & Girls 7-11yrs<br>4:30PM-5:30PM     |  |
| GYM SKILLS<br>Girls<br>5:00PM-6:30PM                           |  | GYM SKILLS<br>Girls<br>5:00PM-6:30PM                            |  | GYM SKILLS<br>Girls<br>5:30PM-7:00PM                           |  |



PLEASE NOTE - The Recreational Gymnastics Program does NOT operate for the first week of each school holiday period, 14<sup>th</sup>-19<sup>th</sup> APRIL 2025, 7<sup>th</sup>-12<sup>th</sup> JULY 2025 and 29<sup>th</sup> SEPTEMBER - 4<sup>th</sup> OCTOBER 2025

FOR MORE INFORMATION ON OUR GYMNASTICS PROGRAMS, PLEASE CONTACT RECEPTION ON (03) 6107 9206 OR EMAIL [enquiries@hobartpcyc.org.au](mailto:enquiries@hobartpcyc.org.au)

